## **LEPRECHAUN MEDITATION for ABUNDANCE**

I love St. Patrick! Say this meditation on St. Patrick's Day (March 17th) to give it more power. Both St. Patrick and the leprechauns represent the beautiful spirituality of Ireland. Leprechauns are amazing at bringing in abundance.

See emerald green sparkles in front of you. Now imagine an emerald green ray of light beaming out from your heart chakra ("shock-rah," near your heart but in the middle of your chest). This emerald green ray transmits the energy of love. Ask St. Patrick to visit you. See him standing before you, bathed in this emerald green ray of love. He is dressed like a Catholic priest, with gold and green Celtic symbols embroidered on his outfit. Say, "Dear St. Patrick, I have called you in to bless me with an abundance of love and riches." See a green Celtic heart (with knotwork in the middle) float toward you from his outstretched hand. Know that St. Patrick is blessing you with love.

To help bless you with riches, St. Patrick calls in his friends the leprechauns. Everyone knows the leprechauns are lucky! See three leprechauns standing in front of you. They look a bit like the dwarves from "Snow White" but they wear forest green clothes: felt leggings, a matching top edged in a ruffle and a pointy green cap. Each leprechaun steps forward and hands you a lucky shamrock. As soon as you take the lucky shamrocks, the leprechauns start singing and dancing. They dance away from you, saying, "We're off to find the pot of gold!" Wave goodbye to them. They'll reappear once they've found gold for you.

Manifesting abundance is all about shortening the time between cause and effect. Your positive thinking is the cause and the effect is realizing your dreams. Visualize what you want. Create a vision board with positive affirmations, Bible quotes, pictures ripped out of magazines and inspiring post cards. Do meditations and even hypnosis. See in your mind what you want to achieve. The more passionate you are, the quicker you will attract what you want. Know that the world has infinite resources and God wants you to achieve your dreams.

Now, see a thick mist of gold sparkles. The sparkles form a golden path. Walking towards you on this path are the leprechauns. Watch as they set down a heavy black pot overflowing with gold coins. Ask them, "Where, oh where, did you find this pot of gold?" They'll reply, "Why, at the end of a rainbow, of course!" Admire the gold coins. Pick one up and inspect it. Is it shiny? Is it heavy? Is it inscribed with writing or embossed with a symbol? The more real the gold coins are to you, the better. Say good bye and thank you to the leprechauns. Know that the luck of the Irish is with you!

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